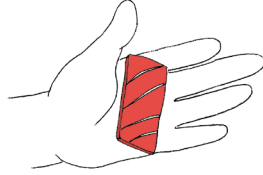


NIGIRI



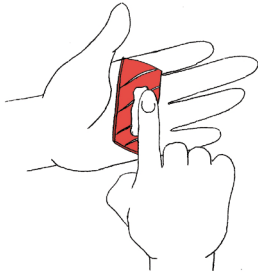
1. TAKE 12~15 GRAM SUSHI RICE, IN YOUR RIGHT HAND AND ROUGHLY MOLDS LIKE A BALL.



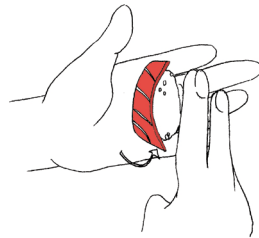
2. PLACE THE TOPPING ON THE FIRST JOINT OF YOUR FINGERS.



3. STILL HOLDING THE SUSHI RICE IN YOUR RIGHT HAND, TAKE A LITTLE WASABI WITH YOUR INDEX FINGER AND APPLY IT TO THE TOPPING.



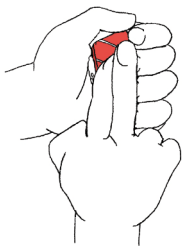
4. TRANSFER THE SUSHI RICE TO THE TOPPING AND LIGHTLY PRESS IT WITH YOUR INDEX FINGER.



5. FLIP THE SUSHI TOWARDS YOUR FINGERTIPS SO THE TOPPING SIDE IS FACING UPWARDS.



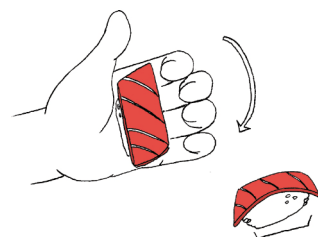
6. HOLD SUSHI WITH YOUR THUMB AND MIDDLE FINGER THEN MOVE SUSHI TO THE FIRST JOINT OF YOUR FINGERS.



7. HOLD SUSHI WITH YOUR PALM AND PRESS SOFTLY HEAD OF SUSHI WITH YOUR THUMB. THEN PRESS SUSHI WITH YOUR INDEX FINGER AND MIDDLE FINGER.



8. HOLD DOWN SUSHI WITH YOUR THUMB AND MIDDLE FINGER LIKE TRACING FROM TOP TO BOTTOM.



9. TURN THE SUSHI 180° AND REPEAT 7&8 STEPS UNTIL THE SUSHI IS SHAPED LIKE A "FORM OF SHIP".